

# Momentum Medical Scheme and HealthSaver<sup>+</sup>

Protect your health with Momentum Medical Scheme and earn money in your [HealthSaver<sup>+</sup>](#) account to pay for your day-to-day medical expenses

Momentum rewards you if you are



and



Your physical wellness influences your quality of life, so it also influences your finances. Helping you improve your overall wellbeing and to protect your loved ones, Momentum Medical Scheme helps you to cover your medical expenses.

Momentum Medical Scheme's [benefit options](#) – Ingwe, Evolve, Custom, Incentive, Extender and Summit – offer value for your money and flexibility for you to be able to structure an option that suits your individual needs. If you are active and know how healthy your heart is, you can get cash back in [HealthReturns<sup>+</sup>](#) from Momentum every month (except if you're on the Ingwe option).

## Look after your health

***multiply***

Protecting your health is an important part of managing your finances. As a [Multiply](#) and Momentum Medical Scheme member, you'll be rewarded for looking after your health. Members on all options (except Ingwe) can earn [HealthReturns<sup>+</sup>](#) of up to R1 000 per person per month by being active and making healthy lifestyle choices.

## Give your health Momentum

Momentum Medical Scheme provides cover to more than 155 000 families and continues to lead the way in innovation, flexibility and choice.

Momentum gives your health and wellbeing a further boost:

- The **Momentum App** makes submitting claims and getting authorisations hassle-free.
- Get preventative care at no extra cost with Momentum Medical Scheme's [Health Platform](#) benefits.
- **Scan to Pay** with HealthSaver in the Momentum App gives you instant access to the money in your [HealthSaver<sup>+</sup>](#) account to pay healthcare providers, pharmacies and even vets.
- Get free expert health advice from qualified medical doctors through your phone, or mobile device, from [Hello Doctor<sup>+</sup>](#) via the Momentum App.

\*Momentum Medical Scheme members may choose to make use of additional products available from Momentum Group Limited and its subsidiaries as well as Momentum Multiply (herein collectively referred to as Momentum). Momentum is not a medical scheme and is a separate entity to Momentum Medical Scheme. Momentum products are not medical scheme benefits. You may be a member of Momentum Medical Scheme without taking any of the products offered by Momentum.