

Multiply Inspire and Inspire Plus

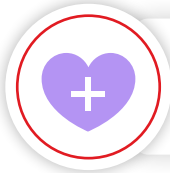
Unlock your health potential with Momentum Multiply

What's your greatest asset? Your health and wellbeing!

Imagine a world where knowing and taking care of your mental and physical health not only protects you but also rewards you.



With Multiply Inspire, you earn **HealthReturns** from day one, which you can use for day-to-day medical expenses and wellness purchases. Plus, you score when you shop at Multiply's rewards partners. Upgrade to Multiply Inspire Plus and earn increased rewards.



And it gets better with **HealthSaver**. Pay directly at your healthcare provider without the hassle of submitting claims. You can even pay for your fur baby at the vet or use it towards your medical scheme contributions. It's seamless, easy, and lets you focus on what really matters - your health.

The cherry on top

The healthier you are, the more you score. By living a healthy lifestyle, you not only improve your mental and physical wellbeing but also get rewarded for it. **It's a win-win!**

It all happens on the Multiply app. It's simple:



Inspire Plus



Log in to the app and do a short Lifestyle Quiz.



Do your digital health and fitness assessment on the app. You'll get a rewards level and monthly HealthReturns.

Up to **R150**
in
HealthReturns
per month



Achieve your weekly and monthly activity and recharge goals.

Up to **R550**
in
HealthReturns
per month



Reach Gold on leaderboard challenges.

Up to **R300**
in
HealthReturns
per month

That is an extra **R1 000** a month towards **your health**.

You have access to:



One **FREE annual digital health and fitness assessment** on the Multiply app, giving you a Healthy Heart Score and fitness level. You can do it in the comfort of your home. **Easy!**



Daily, personalised tips from the **Digital Coach** to improve the way you eat, sleep, move, breathe and connect.



HealthReturns and **partner vouchers** for achieving your weekly and monthly activity and recharge goals.



Access to Wysa, an anonymous wellbeing AI coach available to help you **build mental resilience**.



A chance to score more with monthly **leaderboard challenges**.

PLUS, fantastic partner rewards

You get:

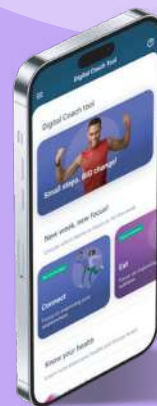
	Multiply Inspire	Multiply Inspire Plus
planetfitness	10%	20% - 50%
Virgin active	10%	20% - 40%
Dis-Chem PHARMACIES	2%	4% - 12%
ULTRAHUMAN	-	5% - 25%
Checkers	3%	4% - 12%
WOOLWORTHS	3%	4% - 12%
travelstart	-	2,5% - 15%
Multiply Padel <small>Booked through PLAYTOMIC</small>	-	5% - 20%
NuMetro	30%	40% - 60%

As a Momentum Medical scheme member on the Evolve, Custom, Incentive, Extender or Summit Options, you have access to:

Multiply Inspire **FREE**

Multiply Inspire Plus for as little as **R207** a month

Momentum Multiply makes healthy living fun and rewarding. Get moving, connect with others, recharge, and manage stress – all while lowering medical claims and preventing chronic diseases.



Download the Multiply app to get started.



Join Momentum Multiply today and kickstart your journey to wellness.
Your healthier, happier life starts now!